How To Study

Believe it or not, there’s more to “studying” than just reading and highlighting some stuff. Here are your top tips from A++ students and yourtutor.com.au

Create your perfect study environment
Do you prefer to study alone, or in a group? In a library, or at home? In silence, or listening to Clean Bandit? Figure out which elements make you feel most comfortable, and then create that environment in some way, every time you study.

Be a timelord (or lady)
Now that you have the perfect environment, plan out your week of study. Setting aside a specific time each day, just for studying, means you can never use the excuse “but I didn’t have time!” Creating a timetable makes you the master of your time.

Keep it interesting
Studying can be interesting, as long as you keep some variety in your schedule. Maybe study different subjects each day, or do different types of work in each session (for example written work, drawing diagrams, reading and annotating).

Ask for help
Sometimes, you just get stuck. There might be one question you simply can’t understand, or aren’t sure where you’re going wrong. That’s ok! That’s what learning is, don’t forget. Just be sure to ask for help. Your parents and teachers are there – and there’s always after-hours, online help from subject experts at your fingertips, with yourtutor.

Break it up
For every hour of study and concentration, give your brain a little rest (about 15 minutes). Stare out the window, go for a little walk, do a dance, grab a glass of water or cup of tea.

Reward yourself with a treat
After each completed study session, be sure to reward yourself. Watch your favourite show, call your friends, play a game, eat some gummi bears. Have a nap! Whatever it is that will motivate you to get through the study session.

Put it to the test
Test yourself with flashcards, practice questions, or just the old close-the-book technique. Ask your parents or siblings to quiz you, and don’t stop until you can get through a full set of questions without a mistake (or sign in to yourtutor if there’s one thing you keep getting stuck on!). Then it’s time for those gummi bears.

Sign in for FREE at yourtutor.com.au
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