Personal best: Semester review

Answer the following questions.

1. Do your results for this semester include any new personal bests (either grade, semester mark or exam mark)?
   
   Yes/No  (circle)

   If yes, what is the mark and/or rank that is your new personal best?

<table>
<thead>
<tr>
<th>Grade</th>
<th>Semester Mark</th>
<th>Exam Mark</th>
</tr>
</thead>
</table>

   If no, what is the mark and/or rank that remains your personal best?

<table>
<thead>
<tr>
<th>Grade</th>
<th>Semester Mark</th>
<th>Exam Mark</th>
</tr>
</thead>
</table>

2. What will you need to improve to set a new personal best grade, semester mark, or exam mark in the next assessment task? (See the next page for some ideas.)

   •  
   •  
   •  

3. What specific actions will you need to take to make the improvements/changes listed above? (See the next page for some ideas.)

   •  
   •  
   •  
   •  
   •  
What can you improve, and what specific actions can you take to do it? Some ideas include:

**Time on task**
You could improve this by:
- setting a target of 90% time on task for each lesson
- grouping your study time at home into smaller timeslots with a clear target outcome for each slot.

**Study/revision effectiveness**
You could improve this by:
- planning a study timetable and sticking to it
- utilising published course study guides and exemplar answers to past exams
- making sure you practise past and/or sample test and exam items, and have your teacher review them and provide feedback.

**Learning from your mistakes**
You could improve this by:
- ensuring every error in every assessment is reviewed and rectified
- ensuring every calculation/response in every class activity is checked, and if you can’t understand why your answer is incorrect, have your teacher explain it, and keep trying until you get it right.

**Understand syllabus content and course standards**
You could improve this by:
- making sure you know exactly what course objective or piece of syllabus content you are learning in class at all times
- linking your notes and sections in your textbook to specific syllabus points/objectives
- carefully study the grade exemplars (available on the School Curriculum and Standards Authority website) for your course
- identifying what you have to do to improve your grade.

**Assessment technique**
You could improve this by:
- attempting every question in every assessment
- not spending too much time on one item at the expense of others
- planning each extended response prior to attempting it
- backing up statements and opinions with relevant examples.

**Exam preparation**
You could improve this by:
- ensuring your exam revision plan covers each syllabus objective/dot point
- practising questions from past exams in exam conditions (closed book, set time)
- making sure you complete at least 3 hours homework each week for each subject, at least 50 per cent of this time should be revision.