



Personal best: Semester review

Answer the following questions.

1. Do your results for this semester include any new personal bests (either grade, semester mark or exam mark)?

Yes/No (circle)

If yes, what is the mark and/or rank that is your new personal best?

Grade	Semester Mark	Exam Mark
<input type="text"/>	<input type="text"/>	<input type="text"/>

If no, what is the mark and/or rank that remains your personal best?

Grade	Semester Mark	Exam Mark
<input type="text"/>	<input type="text"/>	<input type="text"/>

2. What will you need to **improve** to set a new personal best grade, semester mark, or exam mark in the next assessment task? (See the next page for some ideas.)

- _____
- _____
- _____

3. What **specific actions** will you need to take to make the improvements/changes listed above? (See the next page for some ideas.)

- _____
- _____
- _____
- _____

What can you **improve**, and what **specific actions** can you take to do it? Some ideas include:

Time on task

You could improve this by:

- setting a target of 90% time on task for each lesson
- grouping your study time at home into smaller timeslots with a clear target outcome for each slot.

Study/revision effectiveness

You could improve this by:

- planning a study timetable and sticking to it
- utilising published course study guides and exemplar answers to past exams
- making sure you practise past and/or sample test and exam items, and have your teacher review them and provide feedback.

Learning from your mistakes

You could improve this by:

- ensuring every error in every assessment is reviewed and rectified
- ensuring every calculation/response in every class activity is checked, and if you can't understand why your answer is incorrect, have your teacher explain it, and keep trying until you get it right.

Understand syllabus content and course standards

You could improve this by:

- making sure you know exactly what course objective or piece of syllabus content you are learning in class at all times
- linking your notes and sections in your textbook to specific syllabus points/objectives
- carefully study the grade exemplars (available on the School Curriculum and Standards Authority website) for your course
- identifying what you have to do to improve your grade.

Assessment technique

You could improve this by:

- attempting every question in every assessment
- not spending too much time on one item at the expense of others
- planning each extended response prior to attempting it
- backing up statements and opinions with relevant examples.

Exam preparation

You could improve this by:

- ensuring your exam revision plan covers each syllabus objective/dot point
- practising questions from past exams in exam conditions (closed book, set time)
- making sure you complete at least 3 hours homework each week for each subject, at least 50 per cent of this time should be revision.